



eat • drink • shop



starters

Tempura of king prawns with lime aioli	10.50
Smoked ham hock terrine with homemade piccalilli and crostini	8.50
A tartlet of Beaulieu goats cheese, fig, spinach and red onion marmalade	8.50
Asian style tuna fishcakes with sweet chilli sauce	8.50

mains

Pie of the day with mashed potato, seasonal vegetables and a jug of gravy	for one 15.50 two to share 29.50 four to share 55.00 (takes 20 minutes to cook)
Fish and chips - locally landed haddock, hand cut chips, tartare sauce, lemon and our own style crushed peas	15.50
Rib-eye <u>or</u> fillet steak, hand cut chips, grilled mushroom, tomato, watercress salad and a green peppercorn sauce	Rib-eye 24.95 Fillet 29.50
Malaysian fish curry with coconut rice (Vegan option - vegetable and cashew nuts)	19.50 15.50
The Rockingham Dexter beef burger with bacon and cheddar in a brioche bun, skinny fries, salad and homemade barbeque sauce	14.50
Lymington Crab linguine with a spring onion and red chilli cream sauce (Vegan option with linguine & wild mushrooms)	18.50 14.50
Salad of free range chicken, streaky bacon, bulgur wheat, pickled cucumber, pine nuts and cherry tomatoes (Or as a vegan feta salad)	16.50 14.50
Honey roasted ham, free range eggs and hand cut chips	14.50
Pan fried calves liver, creamy mash, crisp pancetta, seasonal vegetables and a red onion jus	18.95
Vegan mushroom and beetroot burger in a sourdough roll, guacamole, salad and skinny fries	16.00

sides per person

Skinny fries	3.50
Chunky chips	4.50
Chunky chips with melted cheese	5.50
Paprika fries	4.00
Market vegetables	4.00
3 pieces of homemade bread, balsamic and rapeseed oil	3.75
Rocket and cherry tomato salad with shavings of Old Winchester cheese	4.50

sandwiches & snacks

LUNCHTIME ONLY

Traditional ploughmans - local cheese, home cooked ham, balsamic pickled onions with homemade sultana and walnut bread 14.50

All sandwiches served with a handful of skinny fries

Atlantic prawns with Marie Rose sauce in granary bread 12.50

Hot free range chicken and smoked bacon ciabatta with sun blushed tomato pesto 10.50

Roasted pepper, houmous, courgette ribbons and tapenade pitta bread 10.50

Simple home cooked ham or local cheddar in white or granary bread 8.50

If you would like to add a cup of homemade soup to your sandwich additional 3.50

At the Rockingham Arms, wherever possible, our ethos is to use the finest produce sourced within a 25 miles radius and to cook them simply and well.

If you have any allergies or special dietary requirements (gluten free menu available) please speak to one of the crew.

All our meat comes locally sourced from Hampshire and Wiltshire.