

gluten free menu

to start

Duck liver parfait, mandarin compote, toasted gf soldiers	9.50
Pan fried scallops with a pea and lemon purée	12.50
Tempura of king prawns, spicy Asian style dip	10.50
Homemade soup of the day with gf bread	6.50

mains

Rib-eye <u>or</u> fillet steak, french fries, grilled mushroom, tomato, watercress salad and a green peppercorn sauce	Rib-eye 23.95 Fillet 28.50
Fish and chips - locally landed haddock, french fries, tartare sauce, lemon and crushed peas	15.50
Pan fried calves liver, creamy mash, crisp pancetta, seasonal vegetables and a red onion sauce	18.95
Pie of the day, creamy mashed potato, seasonal vegetables and a jug of gravy	15.50
Malaysian fish curry with coconut rice	19.50
Free range chicken and feta, mixed leaves, pickled cucumber, tomato & pinenut salad	16.50
Home smoked ham hock, creamy mash, seasonal greens, honey and mustard sauce	17.50
The Rockingham Dexter beef burger with bacon and cheddar in toasted gf bread, french fries, salad and homemade barbeque sauce	14.50
Vegan mushroom and beetroot burger, toasted gf bread, guacamole, fries and salad	16.00

sandwiches & snacks (lunchtime only) served on gf bread

Traditional ploughmans - local cheese, home cooked ham	14.50
<i>All sandwiches served with a handful of skinny fries</i>	
Portland crab, saffron and lemon aioli	11.50
Free range chicken and smoked bacon with sun blushed tomato pesto	10.50
Rosary goats cheese, roasted cherry tomato, candied beetroot, red onion jam	10.50
Simple home cooked ham <u>or</u> local cheddar	8.50
If you would like to add a cup of homemade soup to your sandwich	additional 3.50

puddings

Vanilla seed crème brûlée	6.50
Creamy rice pudding with blackberry compote	7.50
Baked Alaska with Kirsch infused cherries	8.50
Selection of ice cream or sorbet	2 scoops 4.50 / 3 scoops 6.50
Selection of 3 finest local cheeses, grapes, celery, gf biscuits (Our gluten free biscuits are Nairns, they may contain oats)	10.50

